

Heliosymphonic Collection #1 Local Cosmic Bodies

This is the full set of all 10 planetary audio downloads, carefully crafted by myself, according to the natural law of the Cosmic Octave as “unearthed” by Swiss mathematician and musicologist Hans Causto, and the centuries old study of brainwave entrainment. With cyclical motion to match the mechanics of revolving concentric rings, these soundscapes, following an ascending octave of each associated frequency/tempo, train the mind to grasp complex polyrhythms while establishing desired psychological and physiological responses through entrainment.

Entrainment is a term originating in complex systems theory, denoting the eventual synchronization of multiple autonomous oscillators with differing rhythms or frequencies, when situated within adequate proximity of each other. Electroencephalography has proven to improve cognitive performance via this action. Brainwave entrainment itself is defined by the effect of external stimuli on the brain's cortical evoked response, or electrical signals dispersed in order to allow us to experience this elaborate holographic ocean we call the Universe. Thus, brainwave entrainment science is developed through the study of specific psychological or physiological responses to such sources of stimuli as light, color, tone, tempo, rhythm, etc. Findings can then be utilized in various ways through sound therapy, color therapy, and so on. It stands to reason that such findings would reflect astrologically derived data. To no surprise, frequencies associated with each astronomical body display an obvious cohesion between previously documented entrainment responses and proposed astrological associations/effects. These particular soundscapes, as synthesized through the deliberate modification of pure sine waves in accordance with associated tones and tempos, allow the user to deliberately activate certain astrological influences in order to consciously bring balance and power to areas of life that may otherwise be unfavorably hindered by certain temporary transits, or permanent natal placements. As if these frequencies and rhythms were not in themselves potent enough to initiate positive change, each soundscape is laden with its own corresponding subliminal poetic affirmations, written specifically to activate the astrological influence of its corresponding body.

In short, these audios allow you to consciously activate astrological influences that would otherwise be acted upon you according to the random timing of astronomical events. Due to the intelligence inherent in each influence, and our ability to harness and interact with such intelligence, this process can be likened to the practice of eastern, western, and homeopathic medicine, and in no way works against natural order. As sentient beings, becoming increasingly aware of the entire spectrum of our being spanning between mortality and immortality, we are invited to join this sacred dance, unfolding somewhere between the valley of fate and the mountain of free will. We could call it evolution. We could call it ascension.

The Sun

Manipura Chakra - Solar Plexus

Effect: Transcendent states, confidence, optimism, warmth.

**Geometric Scale derived from 126.22 Hz = B (α^1 = 449.9 Hz / 440 Hz + 38.1 cent)
polyrhythmic foundation: 118.3 bpm**

Subliminal Affirmation:

Radiant.

I, authentic, bright, and full.

Projecting the world into form,

summoning life from stone and ash with my benevolent gaze.
Confident, ecstatic, and certain.
I am the spark that ignites the spirit.
Ultra-conscious, hyper-aware.
Consciousness, aware of itself.
Source, inspired by source,
I am inspiration itself,
Noble, yet humble, grateful,
in awe at the sight of the light of the source of sources,
as it flows through me.
This light is my own, yet I am yours.
I am so grateful.
I am so.
I am.

The Moon

Svadisthana Chakra - Navel

Effect: Introspection, sensual connections, sleep aid

**Geometric Scale derived from 210.42 Hz = G# ($\alpha^1 = 445.9 \text{ Hz} / 440 \text{ Hz} + 22.9 \text{ cent}$)
polyrhythmic foundation: 98.6 bpm**

Subliminal Affirmation:

I watch, I dream, I receive the master key.
Feeling, loving my way into the deepest aquifers.
I move, I flow, I dance, I open each door with ease.
I am silent, I am still, I hear the whispered parable.
This voice pushes and pulls,
beckoning me along this sacred middle path.
Soft, smooth, loving,
this voice is my own,
though it speaks of light beyond this mortal form.
I see it now.
Rising as a solemn beacon glowing softly through a storm
I am moved to lift this light to the heavens,
so that all may be comforted, guided, and loved through the night,
as I have been.
I have become this beloved light.
Nurturing life,
sustaining life,
I am life itself.
I am.

Mercury

Vishuddhi Chakra- Throat

Effect: Brain Boost, communication support, information processing

Geometric Scale derived from 141.27 Hz = C# ($\alpha^1 = 448.5 \text{ Hz} / 440 \text{ Hz} + 33.2 \text{ cent}$)

polyrhythmic foundation: 132.4 bpm

Subliminal Affirmation:

Direct from bright vision through clear word.

Manifestation.

Speaking of truths as I watch them encircle the world.

Cause, effect, awareness, modification, perfection, actualization.

All in each right place, unfolding in divine time.

Each part fulfilling its purpose to fulfill the purpose of each other part,

and so the whole is greater than the sum of these oscillating parts.

Cooperation, generosity, this engine is running smoothly.

Intelligence, recognizing the gift given.

I know how best to use this gift.

I will pass it on to you.

I will.

I did.

I am.

Venus

Anahata Chakra- Heart

Effect: Love connection, pleasure, sensual and sexual satisfaction, material wealth attraction

Geometric Scale derived from 221.23 Hz = G# ($a^1 = 442.5 \text{ Hz} / 440 \text{ Hz} + 9.6 \text{ cent}$)

polyrhythmic foundation: 103.7 bpm

Subliminal Affirmation:

This is pleasure, and I am this.

This is abundance, and I am this.

This is love, and I am love.

So beautiful,

this form I have been given.

Attractive to like forms,

and expressions of love and beauty I have never before imagined.

I am wide open to receive them all.

With such beauty, and such love as my natural default,

I need do nothing else,

I need give nothing else to justify such limitless inflowing waves of

multi-dimensional wealth,

though I do.

I give and receive with equal, boundless pleasure,

finding beauty and love everywhere I look.

I give the fabric of reality such blessings by looking.

The pleasure is all mine, to the benefit of us all.

I am loving you.

I am loving.

I am.

Mars

Mooladhara Chakra- Root

Effect: Personal empowerment, just use of will, achievement, energy focus.

**Geometric Scale derived from 144.72 Hz = D ($\alpha^1 = 433.7 \text{ Hz} / 440 \text{ Hz} - 25.1 \text{ cent}$)
polyrhythmic foundation: 135.6 bpm**

Subliminal Affirmation:

**Right action taken, justice given.
I am strength, I am focus, I am invincible.
I explore, I achieve, I invent, I overcome.
This dynamic flame you see here, born from the one divine fire,
flickers at the heart of each sacred creation,
and fuels each sacred undoing.
This willing and able spirit inhabits the right hand of each wise creator,
who gives and takes what must be given and taken.
All who come to pass, receive a piece of this sacred fire.
All who live to breath and love, feed this sacred fire.
I see the humor in it all,
smiling as I work miracles.
It is so easy.
I am doing it.
I am doing.
I am.**

Jupiter

Nabhi Chakra- Stomach

Effect: Expansion of possibilities, optimism, creative drive, absorption of high knowledge, wonder

**Geometric Scale derived from 183.58 Hz = F# ($\alpha^1 = 436.6 \text{ Hz} / 440 \text{ Hz} - 13.3 \text{ cent}$)
polyrhythmic foundation: 172.1 bpm**

Subliminal Affirmation:

**With each breath, I grow, I evolve, I expand.
So amazing, so miraculous is this eternal blossoming.
I look and dive forever outward, and upward.
There is just so much to discover.
So vast, so bright is this cosmic sea.
Seeming so small in the midst of it,
in truth, it and I are one.
I am eternal.
Endlessly rediscovering this magnificent bounty,
I am forever in awe.
Excitement is my reality, and I am the harbinger of pure joy.
Wow.
This must be shared.
I will.
I am.**

Saturn

Vishuddhi Chakra- Throat

Effect: Focus, concentration, development of discipline, strategic thought

**Geometric Scale derived from 147.85 Hz = D ($\alpha^1 = 443.0 \text{ Hz} / 440 \text{ Hz} + 11.9 \text{ cent}$)
polyrhythmic foundation: 138.6 bpm**

Subliminal Affirmation:

**Concentration, responsibility, discipline.
I build, I develop, I refine the self through restriction.
I learn, I teach, moderation, conservation, and accountability.
I provide a simulation of pressure,
just enough to summon the will to strengthen the self.
This is necessary.
This is necessary.
This is necessary.
I may be at peace as I do that which is necessary.
I become stronger, I become smarter, I become wiser.
It actually feels good.
The stronger, smarter and wiser I become,
the better it feels to be alive.
This is a tremendous gift.
I am a success story.
I am the success story.
I am success.
I am.**

Uranus

Sahasrara Chakra- Crown

Effect: Epiphany, revelation, stroke of genius, sudden insight,

**Geometric Scale derived from 207.36 Hz = G# ($\alpha^1 = 439.4 \text{ Hz} / 440 \text{ Hz} - 2.5 \text{ cent}$)
polyrhythmic foundation: 97.2 bpm**

Subliminal Affirmation:

**Eureka!
At last, I have done it!
It is all so clear to me now.
Now I understand.
It is all so simple.
I have discovered the key.
It all makes so much sense.
Brace yourself.
This great and bright new age will redefine the very nature of life.
For the betterment of all mankind.
I am a genius!
I am genius!**

I am.

Neptune

Ajna Chakra- Third Eye

Effect: Spiritual expansion, meditation support, intuitive guidance, enhances the dream experience

**Geometric Scale derived from 211.44 Hz = G# ($\alpha^1 = 448.0 \text{ Hz} / 440 \text{ Hz} + 31.3 \text{ cent}$)
polyrhythmic foundation: 99.1 bpm**

Subliminal Affirmation:

**I am awake.
I am alive.
I am aware.
I am light.
I am love.
I am life.
I am breath.
I am the microcosm,
I am the macrocosm,
and I am the spaces in between.
This is enlightenment.
I am.**

Pluto

Svadhithana Chakra- Sacral

Effect: Transmutation, miraculous transformation, magic beyond comprehension, help through difficult transitions

**Geometric Scale derived from 140.25 Hz = C# ($\alpha^1 = 445.3 \text{ Hz} / 440 \text{ Hz} + 20.6 \text{ cent}$)
polyrhythmic foundation: 131.4 bpm**

Subliminal Affirmation:

**Transmutation.
Transfiguration.
Transcendence.
I was, I was not, I am again.
I am, I am not, I will again.
Between soil and ashes,
I am the life, I am the death.
I embrace the unknown,
I am everywhere,
and everywhere is within me.
I embrace the unknown,
I am everything,
and everything is within me.
I am the master of this great cosmic alchemy.**

**No matter the form of leaden potentials,
the result is gold.
I am reborn.
I am you.
I am.**